

Join AIA T&F in '24

Camps/Projects:

TUFF Camp: July 7 - 12 (1 wk)

Train in 3D: Be a camp counselor/coach at our HS running camp that's been held at Hope College in Holland, MI since 1990.

AthletesInAction.org/camps/Tuff-Camp



Colorado Endurance : June 1-29 (4 wks)

A 4 week collegiate, high-altitude experience where you will live in community, grow in leadership skills, be able to do work/internship/summer school/service, and train your body, mind & spirit to do what you haven't done before.

AthletesInAction.org/Colorado-Endurance

Altitude Project: July 21 - Aug 4 (1 or 2 wks)

Developing collegiate distance runners to excel in competitive running & Christian living. Mammoth Lakes, CA

AltitudeProject.com



Tours:

Switzerland: July 14 - 28 (2 wks)

Minister to elite athletes preparing for the Olympics at high altitude. Performance standards & TUFF camp required.

AthletesInAction.org/Track-and-Field

Info & sign-up at:
athletesinaction.org/track-and-field/

