

# EQUIPPED

## DISCIPLESHIP CURRICULUM

### 03. TESTIMONY

The next step to being an Equipped Disciple is knowing your story and how to share it.

#### LEARN IT!

Choose one of the following primary resources to learn to share your testimony. Then feel free to take a look at the supplemental resources to go deeper and learn more.

#### PRIMARY RESOURCE

How to Write Your Own Testimony

Telling Your Story

#### LIVE IT!

Now it is time to share your testimony with others. We encourage you to take the following challenge before moving onto the next section of this resource.

**Share your testimony with one other person.**

It's always good to go to God's Word, the ultimate source. In addition to the resources listed, we have collected these Scripture passages on sharing your testimony.

Acts 26:2-29

Acts 24:10-16; 24:24

Acts 21:37-22:21

John 4:39-42

John 9:24-34

Galatians 1:13-2:21

Titus 3:3-7

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#### HOW TO WRITE YOUR OWN TESTIMONY

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##### WHY ARE YOU QUALIFIED TO TESTIFY?

- A. In 1 Peter 3:15, the apostle Paul instructs us to always be ready “to make a defense to everyone who asks you to give an account for the hope that is in you, yet with gentleness and reverence.”
- B. Your personal testimony is one of the most effective means you have for making such a defense of your faith in Jesus Christ. There are times when an individual is not willing to sit down and go through a gospel tract or when doing so would be inappropriate. However, people are often more interested in knowing your story: how you came to put your faith in Christ and the difference that decision has made in your life.
- C. There are numerous examples of individuals sharing their testimony throughout the New Testament. Who is giving the following testimonies and who is listening to them?
1. John 4:39-42
  2. John 9:24-34
  3. Galatians 1:13-2:21
  4. Acts 21:40-22:21
  5. Acts 24:10-16; 24:24
- D. What are some situations where you might be able to share your personal testimony?

##### A BIBLICAL EXAMPLE OF A THREE-POINT TESTIMONY

The apostle Paul’s testimony serves as a good example. When he shared his story, he presented a logical and simple defense for the hope within him. Generally he spoke of his life before Christ, how

he came to know Christ, and his life since accepting Christ.

- A. Notice the outline in Acts 21:37-22:21:
1. Acts 22:1-5: Paul shares about his life before accepting Christ.
  2. Acts 22:6-11: Paul shares how he became a believer.
  3. Acts 22:12-22: Paul shares how his life changed after accepting Christ.
- B. Can you find a similar outline in Acts 26:2-29?

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##### HOW TO WRITE YOUR OWN TESTIMONY

As shown above, your testimony can logically be divided into three parts: before accepting Christ, how you accepted Christ, and after accepting Christ.

- A. **Before:** This section covers what your life was like before you accepted Christ. The following questions may help you think through what you want to convey:
1. What were the unmet needs in your life? Some possibilities include: loneliness, lack of significance, lack of purpose, a sense of emptiness, fear of death, aimlessness, lack of peace, etc.
  2. How did you attempt to have these needs met? Some possibilities include: accomplishments, accumulation of wealth or things, drugs, alcohol, sex, finding fulfillment in work, education, athletics, etc.
  3. What is your ethnicity? What culture do you identify most with?
  4. During your life, how has your ethnicity and cultural context shaped your view of God, a relationship with God, and the church?

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**B. How:** This section describes the circumstances and events that caused you to consider Christ and the steps you took to become a Christian. Included in this section is a brief, but clear, presentation of the gospel.

**C. After:** This section explains the changes that have occurred in your life since receiving Christ. This should relate back to the specific issues you discussed in the “before” section.

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### IMPORTANT “DO’S AND DON’TS”

When writing and giving your personal testimony there are some basic “do’s and don’ts” which will make it more effective.

#### A. Do:

1. Keep your testimony concise. Three minutes is sufficient time to tell your story. (Read Paul’s testimonies out loud. You will notice that none of them are more than three minutes!)
2. Begin with an interesting attention-getting sentence.
3. Be realistic.
4. Be positive from start to finish.
5. Emphasize the difference that Christ has made in your life.
6. Consider using one Scripture verse in your testimony.

#### B. Don’t:

1. Use Christian terminology. For the most part, it will be meaningless to a non-Christian. For example, words like born-again, saved, etc.
2. Preach at people. Share your story with them.
3. Use negative statements about churches, specific denominations, other organizations or people.

4. Give the impression that the Christian life is without problems.

5. Be long-winded. Keep your testimony concise.

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### PRESENTING YOUR TESTIMONY

A. Remember, we are admonished to always be ready to give an account for the hope within us. Therefore, you should always be ready to share your testimony. The following suggestions will help you be prepared:

1. Memorize your testimony.
2. Rehearse your testimony until it becomes natural.
3. Practice your testimony with a friend.

B. When the opportunity arises to share your testimony, remember the following:

1. Share your testimony in the power of the Holy Spirit. Ask Him to speak to the hearts of those listening.
2. Be relaxed. Smile.
3. Avoid nervous mannerisms.

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### GETTING STARTED

- A. Print and use this worksheet to get your ideas on paper.
- B. Write out your story.
- C. Read this article “How to share your testimony.”
- D. Look for opportunities to share your testimony with others.

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### HOW TO PREPARE AND COMMUNICATE YOUR TESTIMONY

As you begin your testimony consider:

- A. The age of your audience.
- B. The period of time right before your life really began to change.

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### BEFORE I ACCEPTED CHRIST (OR GAVE HIM COMPLETE CONTROL)

- A. What was my life like? How can I communicate this in a way that will relate to the non-Christian? [Don't focus on religious upbringing.]
- B. What did my life revolve around the most? From what did I get my security or happiness? The non-Christian is relying on something external to give him or her happiness.
- C. How did those areas begin to let me down?

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### HOW I RECEIVED CHRIST (OR GAVE HIM COMPLETE CONTROL)

- A. When was the first time I heard the gospel? Or when was I exposed to the truth about Jesus?
- B. What were my initial responses?
- C. When did my attitude begin to turn around? Why?
- D. What were the final struggles that went through my mind just before I accepted Christ?
- E. Why did I go ahead and accept Christ?

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### AFTER I ACCEPTED CHRIST (OR GAVE HIM COMPLETE CONTROL)

- A. What are the specific changes Christ has made in my life?

- B. How am I motivated differently?

Helpful Hints:

- A. Write the way you speak - make the testimony yours.
- B. Practice this over and over until it becomes natural.
- C. Limit your time to between three and five minutes.
- D. Choose a theme.